Bruce Whealton

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# Objective

To work in a setting where I use my skills and experience working in the mental health and psychiatric field along with my passions that motivated me to obtain a Master of Social Work degree for the purpose of assisting those in society who are most vulnerable.

# Education

## Certified peer Support Specialist | June 2021| N.C. - H.o.p.e.

* Completed 60 hours of required training by the state of North Carolina

## MSW | May 1996 | University of South Carolina

* Major: Social Work
* Focus: Direct Care/Clinical Social Work
* Internship: The Oaks – Inpatient Psychiatric Hospital

## BACHELOR’S IN ELECTRICAL ENGINEERING | December 1989 | Georgia Institute of Technology

* Major: Electrical Engineering
* Minor: Psychology
* Related coursework: Abnormal Psychology, Social Psychology

# Skills & Abilities

## Written Communication skills

* I have been published in a variety of magazines and journals in prose and poetry form.
* I have written stories, biographies and other accounts of the experiences of individuals who confront financial, emotional, and psychological challenges in seeking to live and cope with life.
* I have published a book entitled “Memoirs of a Healer / Clinical Social Worker – Autobiography of Bruce Whealton” found with other books of mine at https://amazon.com/author/brucewhealton

## Communication and Active Listening

* I have had extensive experience in providing therapeutic interventions with individuals, families and groups that are dealing with emotional and psychological issues, as well as issues related to poverty.
* I have demonstrated skills in reflecting back the emotional and psychological content in any conversation or effort to communicate and be understood.

## Empathic LIstening and communication

* I have learned that empathy is a skill that can be developed and honed through experience and effort and have demonstrated this in providing human services to hundreds (if not thousands) of individuals over the years.
* Employed empathic communication as a dynamic effort between myself and the person with whom I am speaking, always reflecting the emotional and psychological understanding back to the client or patient to confirm whether or not I understand the message being communicated.

## HYpnosis, NLP & VArious Therapeutic interventions

* The use of hypnosis, NLP, and other forms of therapeutic intervention has been helpful in my various interactions with other in a variety of settings where a strong ability to empathize with another person is crucial.
* I have employed the general insights from these experiences to the provision of services to individuals, families and groups in a variety of settings, sometimes even in online support groups.

## Supervision

* I have supervised graduate level interns in the Social Work field seeking to gain skills that are important in the helping professions.
* Communicated written assessments of the social functioning and well-being of clients and have reviewed the same material when it was performed by others under my supervision.

## Case management

* I have provided a range of case management services where I have helped patients and/or clients to find the resources they need.
* I have linked many individuals with resources that might help them cope, reach self-actualization, heal or meet financial needs.
* Assisted with problem solving so that individuals might identify the needs they have and the possible reasons that might exist which would be useful for their unique situation.

## Leadership AND ORGANIZATIONAL SKILLS

* I have served as the president of the local chapter of Clinical Social Workers for New Hanover County and surrounding areas in North Carolina, in the late 1990s and into 2000.
* Planned, coordinated, and sponsored workshops that provide continuing education credits for professions in the human services fields such as Clinical Social Workers, Psychologists, and Child Welfare workers

# Experience

## Web Designer/dEveloper | Self Employed | 2002 - Present

* Provided web design, development and web hosting services to individuals and small businesses.
* Managed all aspects of a home-based business, including but not limited to social media marketing, taxers, billing, promotion and other forms of marketing and advertising.

## Reader and Item WRiter | Measurement Incorporated | 2001 - 2010

* We read and scored standardized tests in Math, English and other subject areas that are completed by students in grades ranging from 1st grade through 12th grade.
* Developed standardized test questions for use in standardized tests for schools in various locations across the United States.

## Clinical social worker/therapist | Self Employed | 1998 - 2000

* Provided individual, group and family therapy as a Licensed clinical social worker.
* I utilized an eclectic and wide range of psychological and therapeutic interventions to the treatment of emotional and psychological disorders or challenges.

## Social Worker | Duplin-Sampson County MH/DD/SAS | April 1997 to February 1998

* Provided case management as well as therapeutic interventions for a number of individuals, families and groups.

## Therapist | Brynn mar psychiatric hospital | May 1996 to November 1996

Provided case management as well as therapeutic interventions for a number of individuals, families and groups in an inpatient setting.

## Social Work Intern | The Oaks Psychiatric Hospital | Sept 1995 to May 1996

* Completed Social Work Intake Assessments with patients who were recently admitted to the hospital.
* Participated in and lead group therapy sessions as needed.
* Provided individual therapy to patients under the supervision of a Licensed Clinical Social Worker.

## Mental Health Professional | New Hanover Co. Mental Health CTR | February 1995 to April 1996

* Provided support services to individuals living in an independent supportive living apartment complex for persons with chronic and persistent mental illness.
* Demonstrated active listening skills to support individuals dealing with emotional and psychological problems.
* Was on-call from Friday at 6 PM to Sunday at 6 PM to respond to the needs of the tenants at any time.
* Provided a range of potential services depending on the various needs and interests of tenants as individuals and as a group.

# Volunteer Work and Training

## Volunteer Efforts To Address Homelesses | Various Agencies or organizations | 2004 to Present

* Participate in meetings with the National Coalition for the Homeless using my past education, skills and lived experience to inform others.
* I have engaged in various writing projects and have published material on issues of mental illness, poverty and homelessness. I have published my own books on Amazon and on a other social media platforms.
* Participated in the point-in-time count of the homeless in my local area as well as attending meetings in person to address homelessness locally.
* Completed training through the National Alliance on Mental Illness (NAMI) to help facilitate support groups and to work as a peer support person within the framework of how NAMI seeks to support people within the community.

## Social Work Volunteer | The Oaks Psychiatric Hospital | May 1992 to December 1993

* Completed Social Work Intake Assessments with patients who were recently admitted to the hospital.

## Social Work Volunteer | Georgia Regional State Psychiatric Hospital | Feb 1990 to December 1991

* Completed Social Work Intake Assessments with patients who were recently admitted to the hospital.